



About MAT

Medication Administration Training (MAT) Course

The MAT is a competency-based course and must be taught by an *approved* MAT Trainer. A written test of 60 questions, a randomized skills demonstration, and a liquid measurement demonstration must be successfully completed before certification can be issued. The MAT class (content and practice) lasts approximately 8 hours. However, since participants are given two opportunities to pass each competency, class time may need to be extended in order to accommodate testing and re-testing.

Providers have two options for completing the MAT course:

1. Classroom-based – providers may choose to complete the MAT course in a classroom setting with an *approved* MAT Trainer. Providers must attend the entire training and successfully pass the written and skills competencies. **Class size for the classroom-based MAT course is limited to 8 participants.**
2. Independent Study – providers may choose to complete the MAT course by independent study. The MAT Independent Study is comprised of two parts. Part 1 is a self-paced, online review of the MAT course content using MAT course handouts, video segments and independent exercises. Part 2 consists of hands-on practice time and testing with an *approved* MAT Trainer. Providers must successfully pass the written and skills competencies. **Class size for Part 2 of the MAT Independent Study course is limited to 4 participants.**

Purpose of the MAT Course:

The MAT course certifies providers or staff in child day programs to administer prescription medication in a child care setting using seven routes: oral, topical, inhaled, medicated patches, eye, ear and emergency injection of epinephrine using an auto-injector device.

Who Must Attend the MAT?

The *Code of Virginia* (§54.1-3408) states that providers or staff members who work in licensed or regulated **child day programs** and who administer prescription medication must satisfactorily complete the MAT course.

The regulations for licensed child day centers and family day homes contain a standard that goes beyond the requirements of the law and require medication administration training for anyone who administers prescription AND non-prescription medication.

MAT Course Requirements:

To attend the MAT course or to participate in the MAT Independent Study, a child care provider or employee of the program must be:

- at least 18 years old,
- literate (able to read and write) in English,

- have current certification in first aid, and
- have current certification in cardiopulmonary resuscitation (CPR).

Recertification:

The MAT certification is valid for three years from the date it was issued. The child care provider or staff member must be recertified before the expiration date to continue to administer medication to children in a child day program.

For More Information about the MAT Program:

Visit the MAT Web page at: <http://www.medhomeplus.org/MAT/index.php>.

Questions about MAT:

If you have a licensing-related question about MAT, MAT IS, PMAT or any other topic, or a question about implementing information learned in the MAT, MAT IS or PMAT class in your facility/home, please contact your licensing representative. **MAT teaches best practice**, which might differ from what is required or expected by your program regulation, guidelines, and/or policies and procedures.

If you have a question about MAT training, including the MAT curriculum content, MAT procedures/processes, MAT, MAT IS or PMAT classes, MAT recertification, MAT/PMAT training certificates, *approved* MAT trainers, etc., please contact Medical Home Plus (MHP) at: MAT@medhomeplus.org, or call Toll Free at: (877) 264-8366.